

New York State Family Planning Program Trauma-Informed Care Regional Training Agenda

Thursday, November 8, 2018 | 8:30 a.m. – 3:30 p.m.
Crowne Plaza Syracuse | 701 East Genesee Street, Syracuse, NY 13210
Room: Horizons Ballroom 4, 5, 6

Meeting Objectives: By the end of the meeting, participants will be able to:

- Understand how trauma is processed behaviorally, emotionally, and physiologically
- Discuss how traumatic events are related to negative ways of coping and disease outcomes
- Communicate effectively with trauma survivors through universal trauma precautions
- Apply at least one suggestion for providing trauma-informed care for family planning services
- Utilize appropriate screening

Time	Activity
8:30 a.m.–9:00 a.m.	Registration and sign-in
9:00 a.m.–9:15 a.m.	Welcome and icebreaker
9:15 a.m.–11:00 a.m. (includes break)	Discussion of the prevalence of traumatic events and how trauma is processed behaviorally, emotionally, and physiologically
11:00 a.m.–12:00 p.m.	Discussion of the relationship between traumatic events and negative ways of coping and disease outcomes
12:00 p.m. –1:00 p.m.	Lunch (<i>on your own</i>)
1:00 p.m. –2:00 p.m.	Communicating effectively with trauma survivors through universal trauma precautions, including practical suggestions for providing trauma-informed care for family planning services
2:00 p.m. –3:00 p.m.	How to utilize screening as appropriate
3:00 p.m. –3:30 p.m.	Wrap-up and evaluation

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This activity has been approved for 5.5 contact hours. Activity #TIC001.

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