

Developing Partnerships with Behavioral Health Providers in Family Planning Settings

February 25, 2020

Learning Objectives

By the end of the webinar, participants will be able to:

- Describe NYSDOH CPEP expectations and how to integrate behavioral health partnerships into your CPEP planning efforts.
- Describe the services provided by behavioral health providers across the behavioral health continuum.
- Identify effective messaging family planning agencies can use to develop and/or strengthen partnerships with behavioral health providers.
- Identify one strategy from a peer that can be implemented at your agency to develop partnerships with behavioral health providers.

Moderator

Caitlin Hungate (she/her/hers), MDP
NYS TTA Provider



NYSDOH Expectations

- Have at least one trained Health Educator with dedicated time to family planning outreach and education
- Have process for ensuring competency of health education staff
- Have written community participation, and community education and program promotion (CPEP) Plan
- Describe process for creating CPEP Plan:
 - Needs assessment
 - Plan monitoring and evaluation
 - How input from members of priority populations are solicited and incorporated in to plan

NYSDOH Expectations

CPEP Plans should:

- Use Specific, Measurable, Achievable, Realistic, and Time-Oriented (SMART) framework
- Address both
 - Community Participation
 - Community Education/Program Promotion

NYSDOH Expectations

CPEP Plans should:

- Include activities/efforts to increase community awareness of and ability to access FP services
- Include specific emphasis on unique needs or priority populations
 - Underrepresented and under-resourced communities
 - Adolescents
 - Individuals at or below 100% of the Federal Poverty Level
 - Males
 - Other populations not included above but identified through the community needs assessment

NYSDOH Expectations

CPEP Plans should:

- Describe
 - How community partnerships are identified and evaluated
 - Marketing and communication plan/activities
- Include measures
 - To demonstrate successful Community Participation
 - To demonstrate successful community education/program promotion
 - Of effectiveness of social media efforts such as impressions/clicks

Goals of Outreach to Partners

- Build relationships and trust
- Ensure community is aware of family planning project and services
- Ensure family planning project is aware of resources in the community



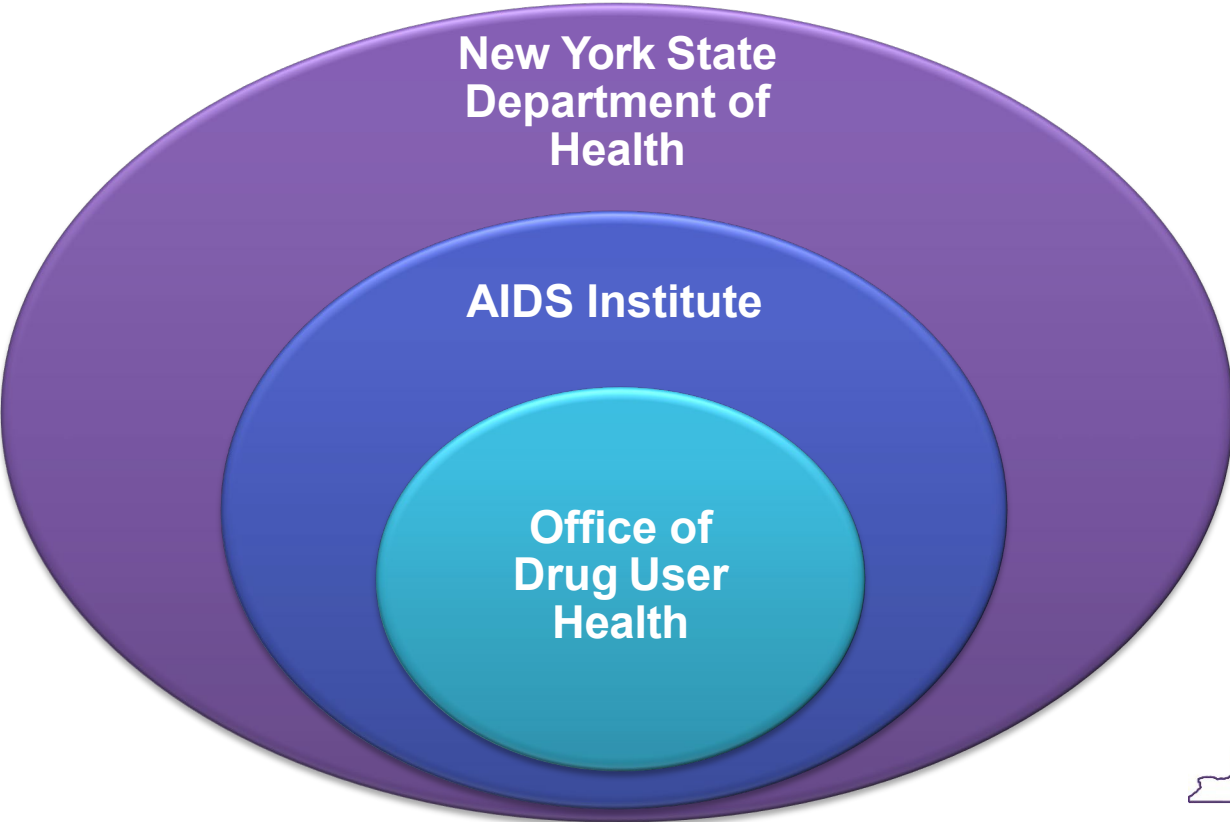
**Department
of Health**

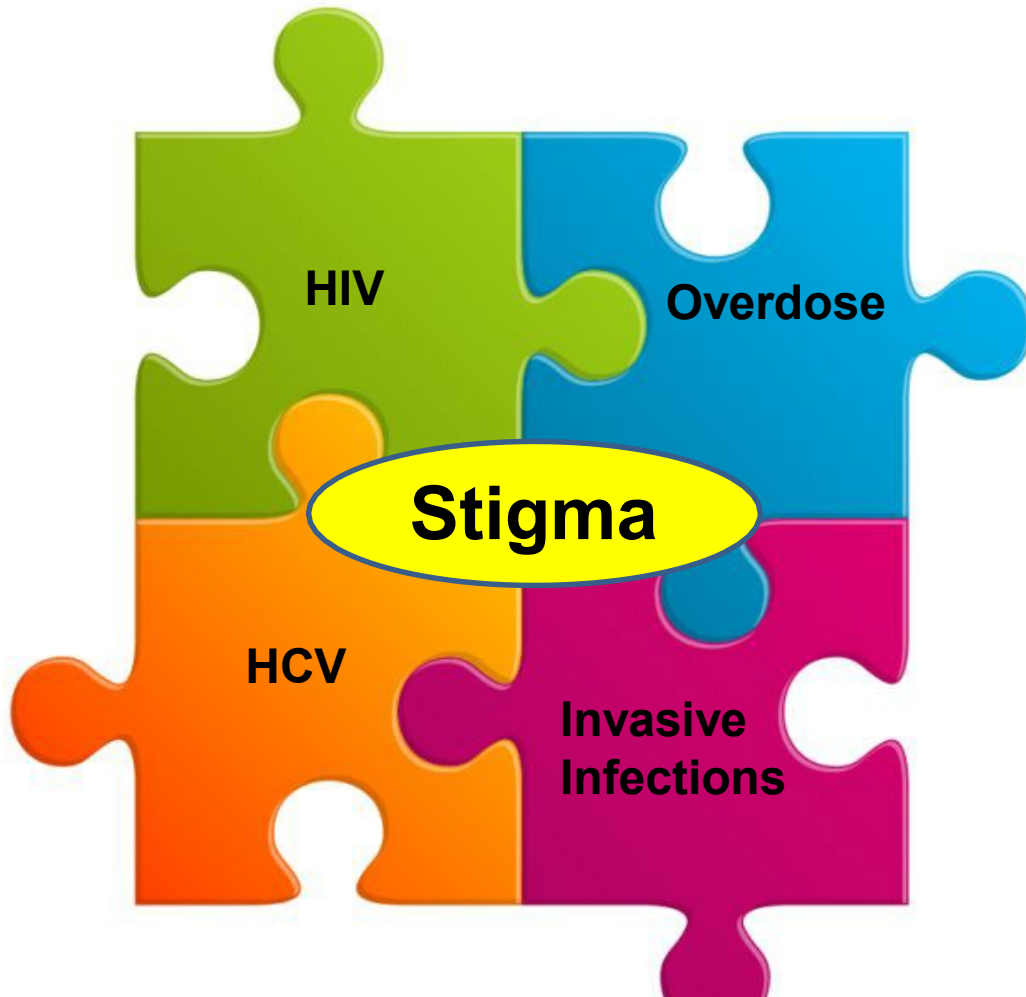
**AIDS
Institute**

• HIV/AIDS • STD • VIRAL HEPATITIS • LGBT HEALTH • DRUG USER HEALTH •

Why Address the Health and Safety of People Who Use Drugs (PWUD)?

Who We Are





Interconnected Epidemics

Syringe Exchange Programs (SEP's)

Syringe Exchange Programs EPs Offer . . .

- Anonymous, stigma-free, low-threshold services
- New, sterile syringes & injection equipment
- Opioid overdose training and Naloxone kits
- Individual & Group Counseling & Support
- HIV, HCV and STD Testing
- Basic medical care (not all SEPs)
- Access to navigators for Medicaid sign-up
- Referrals to drug treatment, detox, social and healthcare services

Syringe Service Programs: Multiple Modes of Delivery

Program may be authorized to use more than one service delivery models:

- Storefront
- Street Side/Mobile Van
- Walk-about
- Ride-about
- Peer Delivered SEP (PDSE)
- Special Arrangements
- Web-Based Mail Order Syringe Access
- Second Tier Syringe Services

Second Tier Syringe Exchange Programs

Who?

Any CBO, hospital, clinic, local health department that already serves people who inject drugs (PWIDs)

Why?

Reduce overdose, HIV, HCV, bacterial infections and skin damage through expanded community access to sterile injection equipment and Narcan

What?

FREE sterile syringes and other injection equipment to provided to existing and new clients (supplies provided by NYSDOH)*

**No funding for staff or OTPS*

How?

Abbreviated application (see Resource List)

SKIN IS TOUGH!

Every time you hit, your skin barsbs the point. Damaged points can lead to:

- Abscesses
- Infections
- Blown veins

New needle point



Needle point, used once



Needle point, used twice



Needle point, used six times

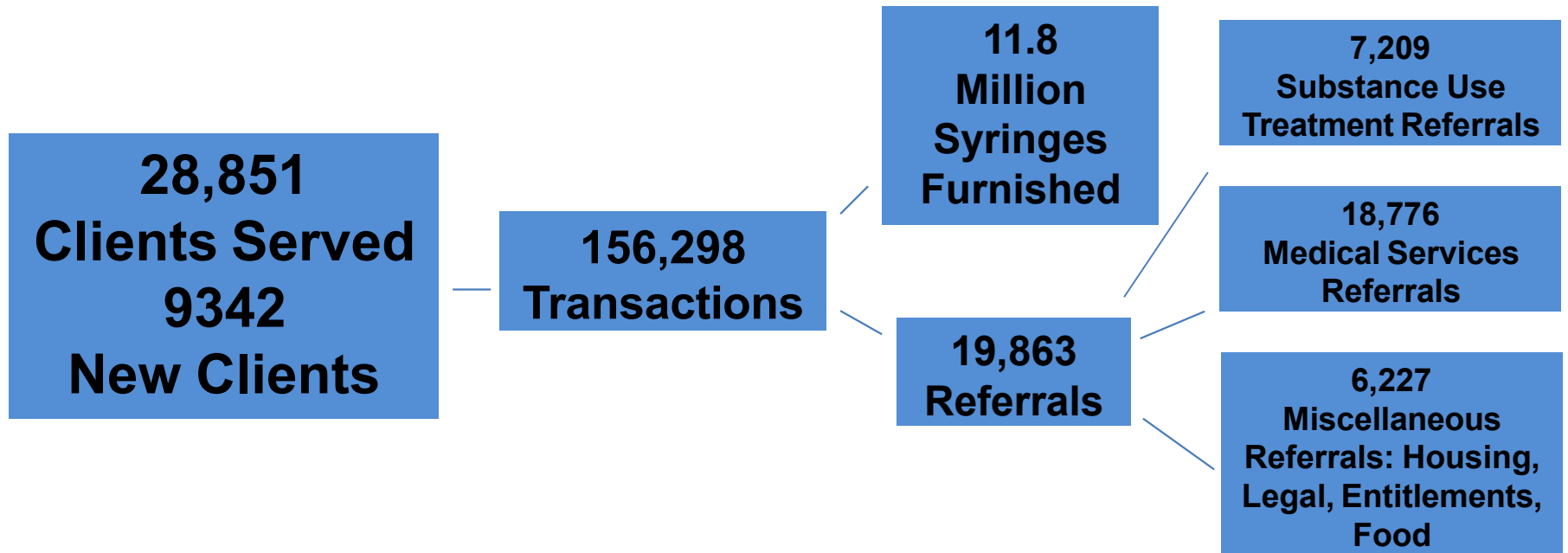




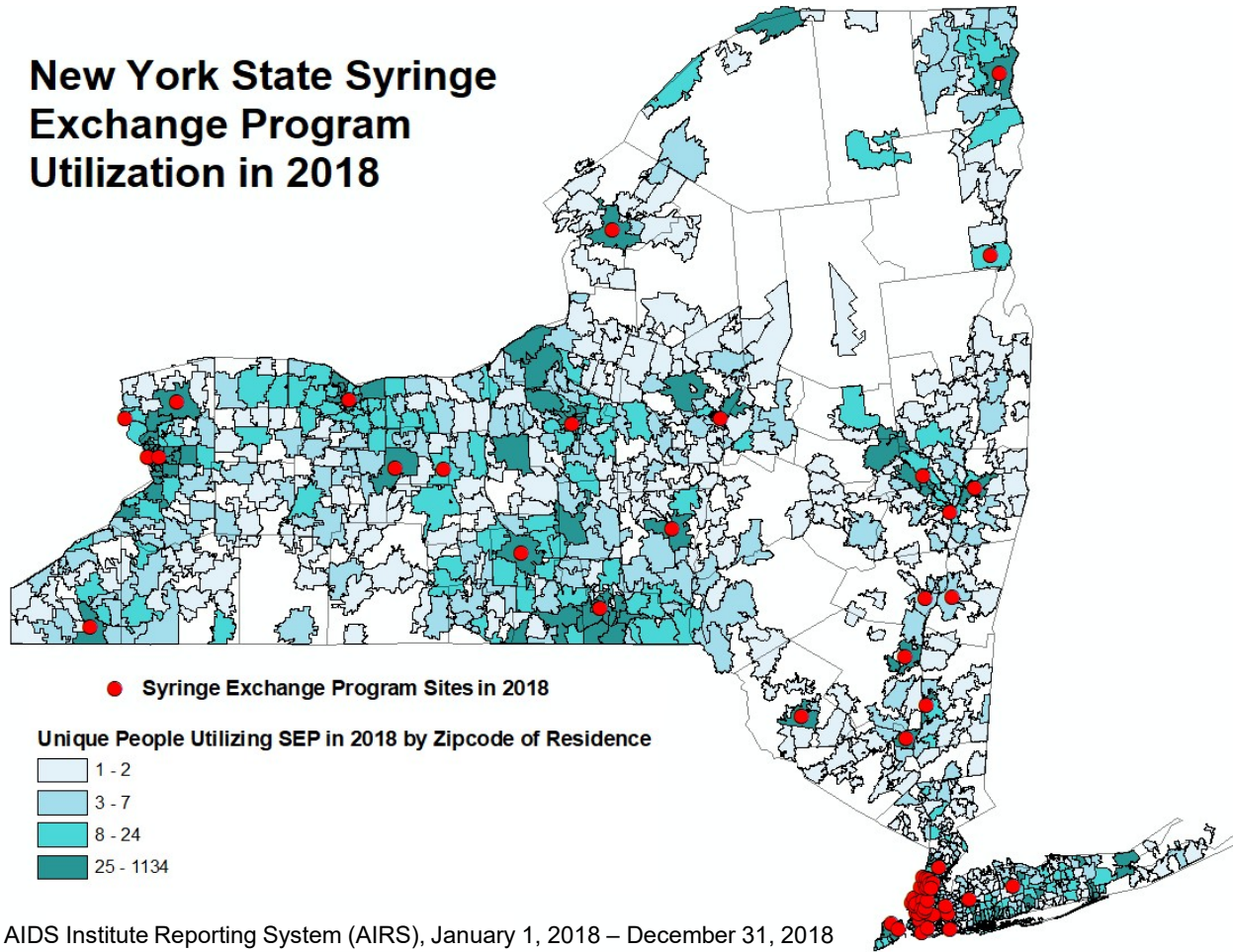
**USE A BRAND NEW
SYRINGE
EVERY
TIME
YOU POKE YOUR
SKIN OR VEIN**

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2020 NY State Syringe Exchange Utilization



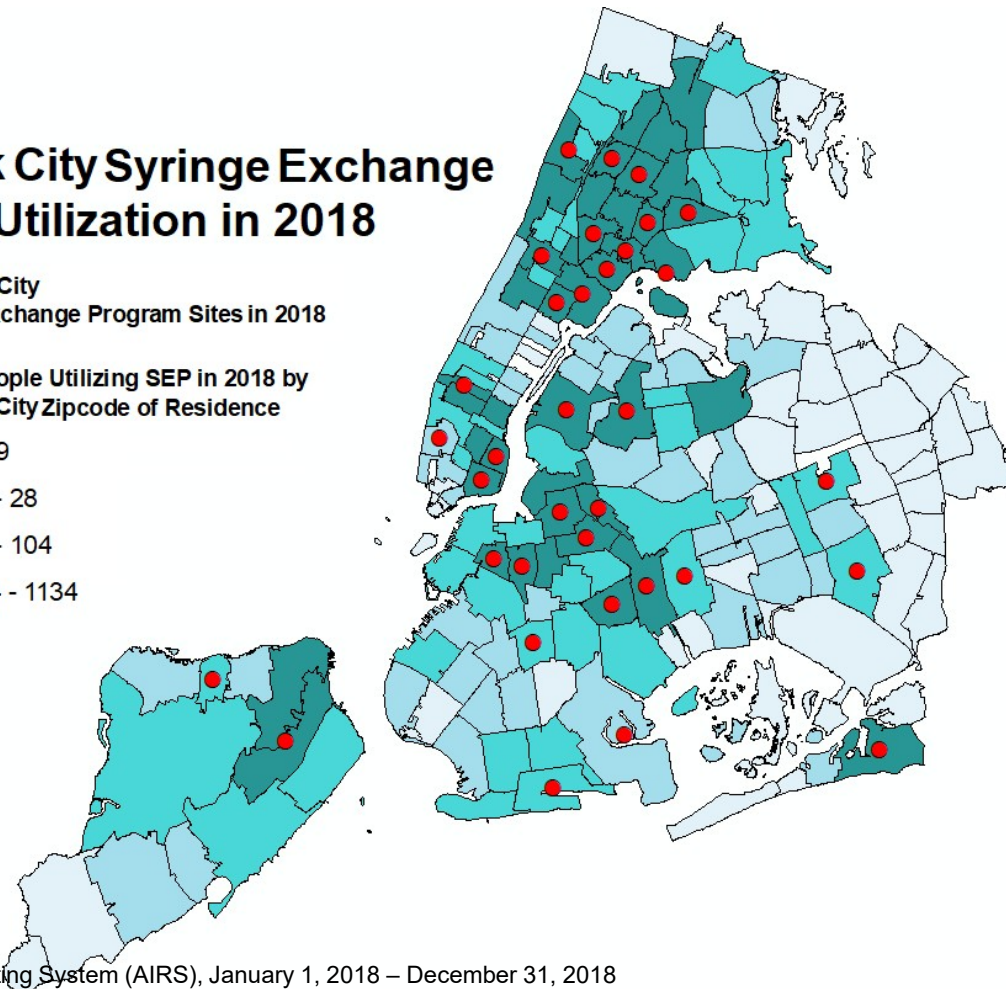
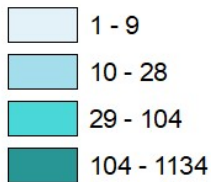
New York State Syringe Exchange Program Utilization in 2018



New York City Syringe Exchange Program Utilization in 2018

● New York City Syringe Exchange Program Sites in 2018

Unique People Utilizing SEP in 2018 by New York City Zipcode of Residence



Expanded Syringe Access Program (ESAP)

ESAP: Syringe Access Program

- No prescription required
- Must be >18 years old
- Limit of 10 syringes / transaction
- No limit on # transactions / day
- 2-page application



**Pharmacies, Healthcare Facilities,
Individual Healthcare Providers
(MDs/PAs/NPs)**

3,587 ESAP registered providers (12/31/20)

ESAP: Sharps Disposal Initiative

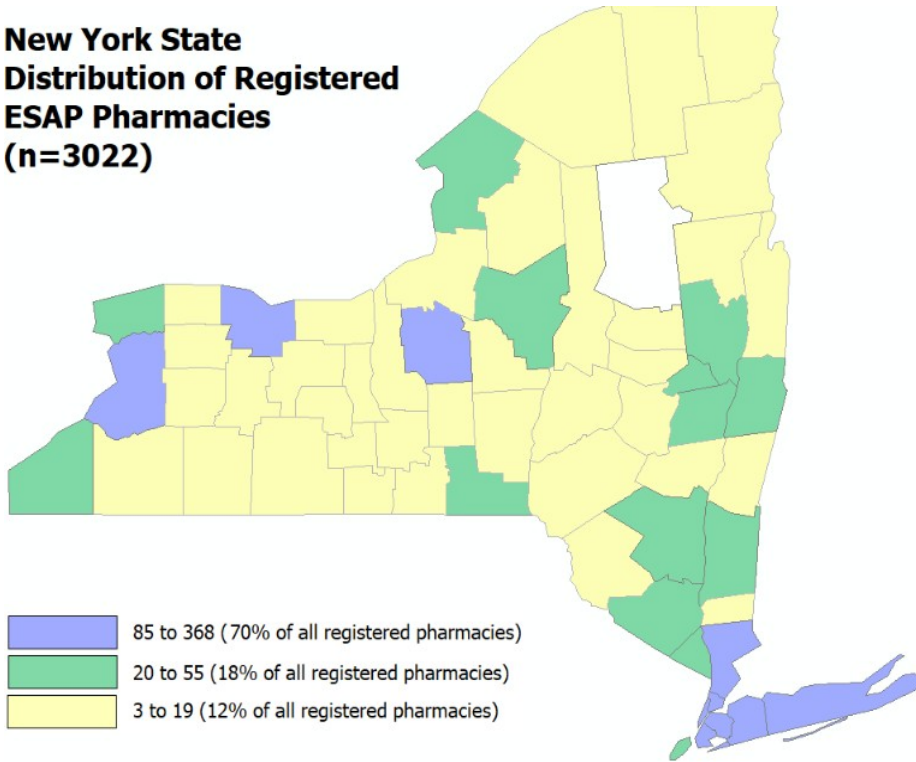
- Syringe disposal kiosks (locked sharps containers) are provided to partnering sites
- All hospitals and nursing homes in NYS are required to accept household-generated sharps
- > 126 tons of syringes have been safely disposed

Kiosk @ City Beach, Plattsburgh

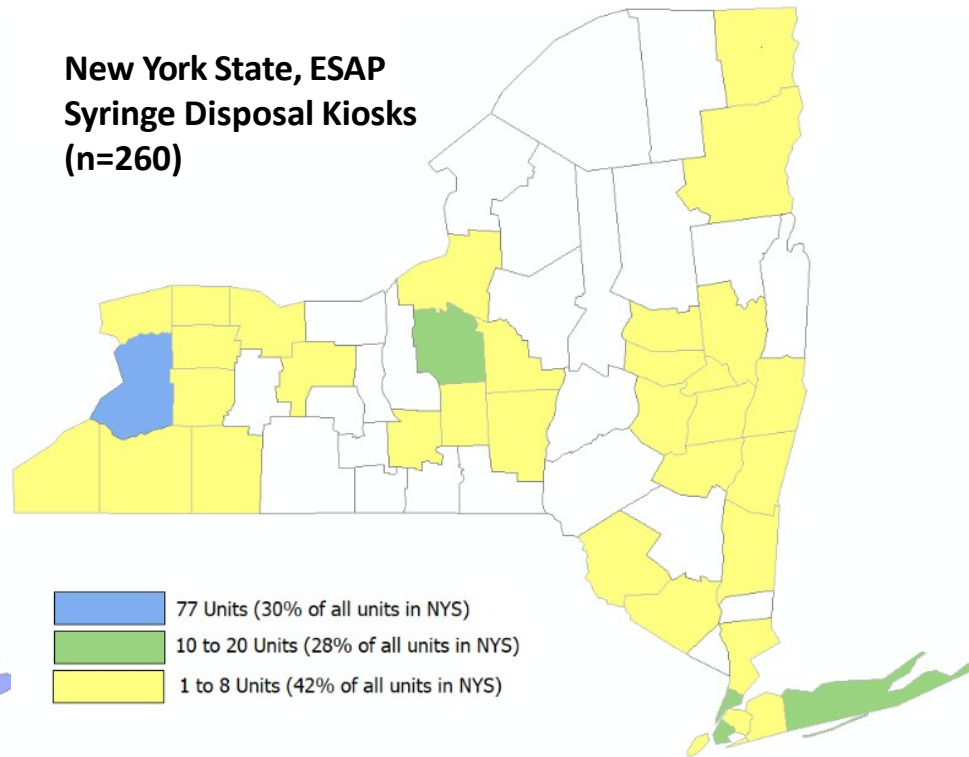


Expanded Syringe Access Program

**New York State
Distribution of Registered
ESAP Pharmacies
(n=3022)**



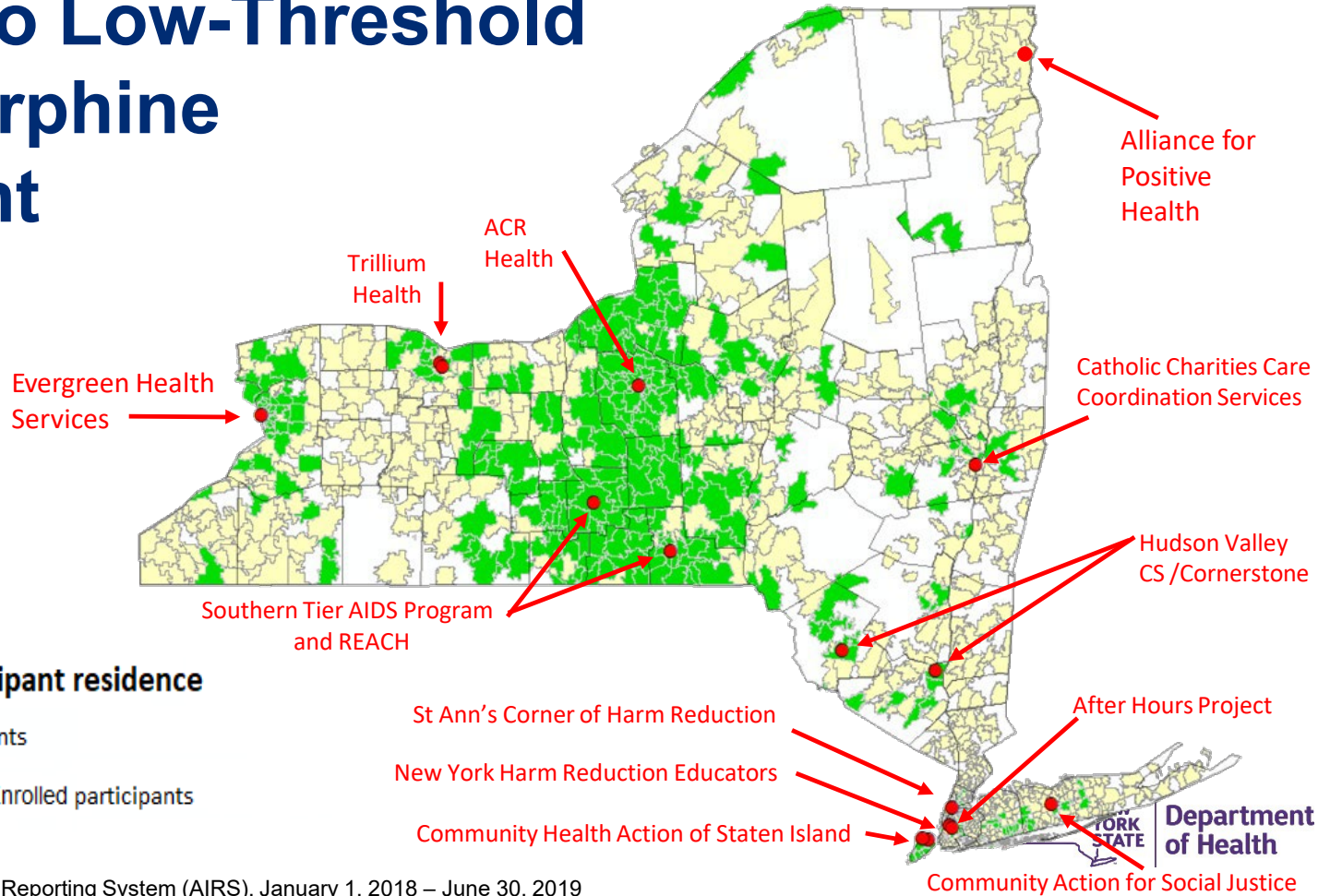
**New York State, ESAP
Syringe Disposal Kiosks
(n=260)**



Citation: ESAP Directories, 2020

Drug User Health Hubs

Access to Low-Threshold Buprenorphine Treatment



Source: NYSDOH AIDS Institute Reporting System (AIRS), January 1, 2018 – June 30, 2019

Drug User Health Hubs (12)

- **Evergreen Health Services** (Buffalo / Erie County)
- **Trillium Health** (Rochester / Monroe County)
- **ACR Health** (Syracuse / Onondaga, Oswego, Jefferson, Oneida Counties)
- **Southern Tier AIDS Program** (Ithaca / Tompkins, Cortland, Broome, Chemung, Counties)
- **Alliance for Positive Health** (Plattsburgh / Clinton County)
- **Catholic Charities Care Coordination Services** (Albany / Albany, Schenectady, Rensselaer Counties)
- **Hudson Valley Community Services/Cornerstone** (Monticello / Orange, Sullivan Counties)
- **St Ann's Corner of Harm Reduction** (Bronx / Bronx County)
- **New York Harm Reduction Educators** (East Harlem / Manhattan / Bronx)
- **Community Health Action for Staten Island** (Staten Island / Richmond County)
- **After Hours Project** (Brooklyn / Kings County)
- **Community Health Action for Social Justice** (Nassau and Suffolk Counties)

Expanding Syringe Exchange Programs into Health Hubs



community specific interventions to reach disconnected PWUD & prevent them from overdosing



New partnerships



- Law enforcement
- Emergency departments
- Corrections
- MOUD treatment



New services



- Low threshold medical care
- Overdose aftercare safety planning
- Anti-stigma trainings for community providers

Drug User Health Hubs: 2020 Services



1381

People
accessed low
threshold
medical care



1183

People
accessed low
barrier
buprenorphine



549

People
referred
out to
drug
treatment

*Reporting period from January 1, 2020 – December 31, 2020.

Stigma and Harm Reduction

Stigma and Substance Use

Stigma contributes to a host of adverse outcomes for PWUD including . . .

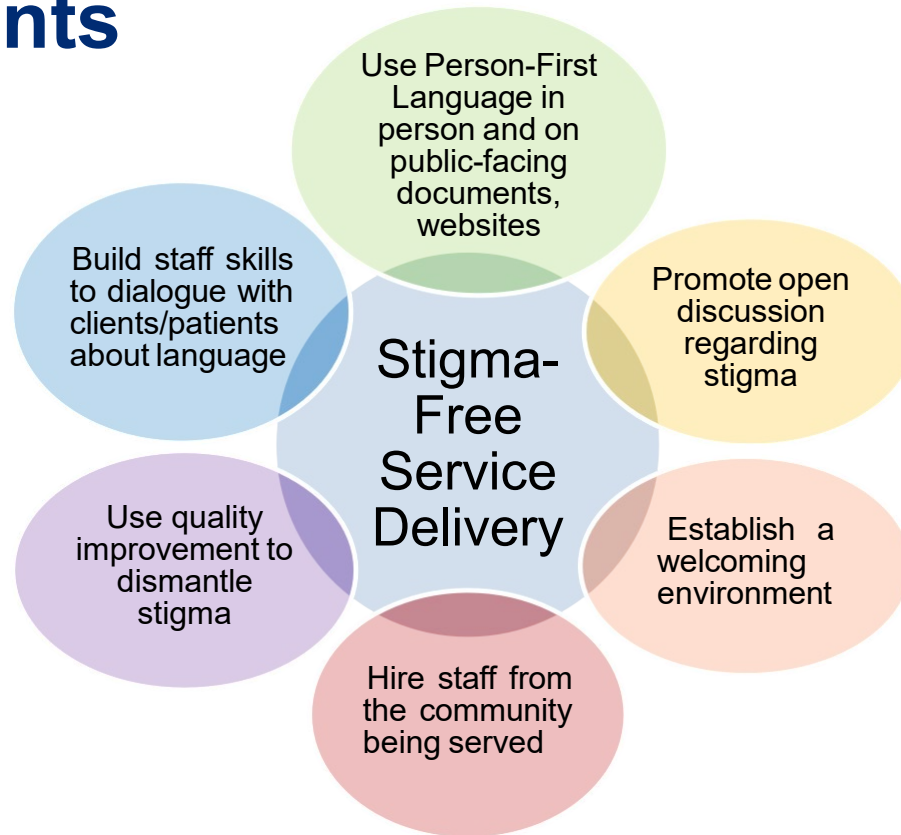
- Poor mental and physical health
- Non-retention in MOUD
- Delayed social reintegration
- Increased involvement in risky behavior (i.e. syringe sharing, using substances illicitly)

Livingston, James D., et al. The effectiveness of interventions for reducing stigma related to substance use disorders: a systematic review. *Addiction Journal*; Volume 107.1 (2012) 39-50.

Improving Stigmatizing Language

Stigmatizing language (focuses on stigmatized “part” over whole person)	Person-centered language (recognizes/prioritizes whole person over stigmatized part)
Addiction	Substance Use Disorder
Drug Addict, Abuser	A person who uses drugs
“Clean” or “Dirty” toxicology	“Negative” or “Positive” toxicology
Got clean	A person who formerly used drugs
Junkie, Crackhead, Tweaker, etc.	A person who uses... (specify drug/s)

Recommendations for Establishing Supportive Environments



Best Practices for Buprenorphine Provision

Prescribing Practices

- Shared decision making
- Non-conditional psychosocial services
- Non-conditional abstinence prior to induction
- Non-punitive regarding poly-drug use
- Short-term & Long-term provision
- Home Induction
- Covered by insurance

(On-Demand/ Accessible/ Data-Driven/ “Low-threshold”)

Settings

- Harm Reduction/ Syringe Exchange Programs
- Primary Care
- Emergency Departments & Urgent Care
- Federally Qualified Health Centers
- Community-Based Organizations (Housing Services, etc.)
- Correctional Facilities & Re-Entry Centers

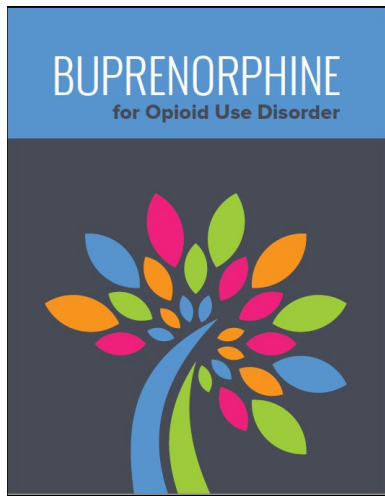
Key Populations:

- Young Adults
- Women of childbearing age
- Rural/Suburban
- Homeless
- Formerly incarcerated people

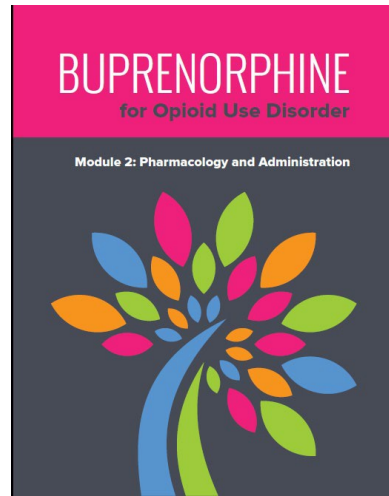


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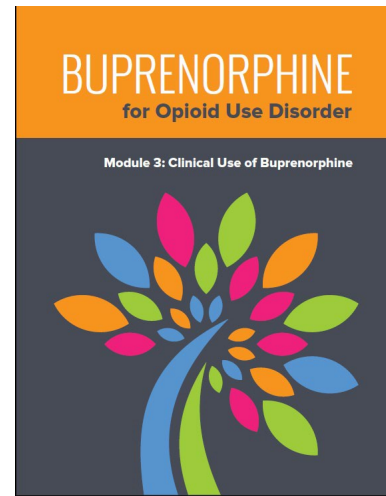
BUPRENORPHINE: ACADEMIC DETAILING KIT



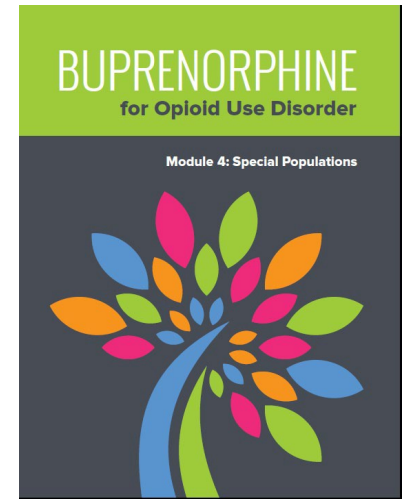
Overview



Pharmacology /
Administration



Clinical Uses



Special
Populations

<https://www.health.ny.gov/diseases/aids/consumers/prevention/buprenorphine/>



Pregnancy & Substance Use

PREGNANCY AND SUBSTANCE USE:

A HARM REDUCTION TOOLKIT

**NATIONAL
HARM REDUCTION
COALITION**

IN COLLABORATION WITH
Academy of Perinatal
Harm Reduction

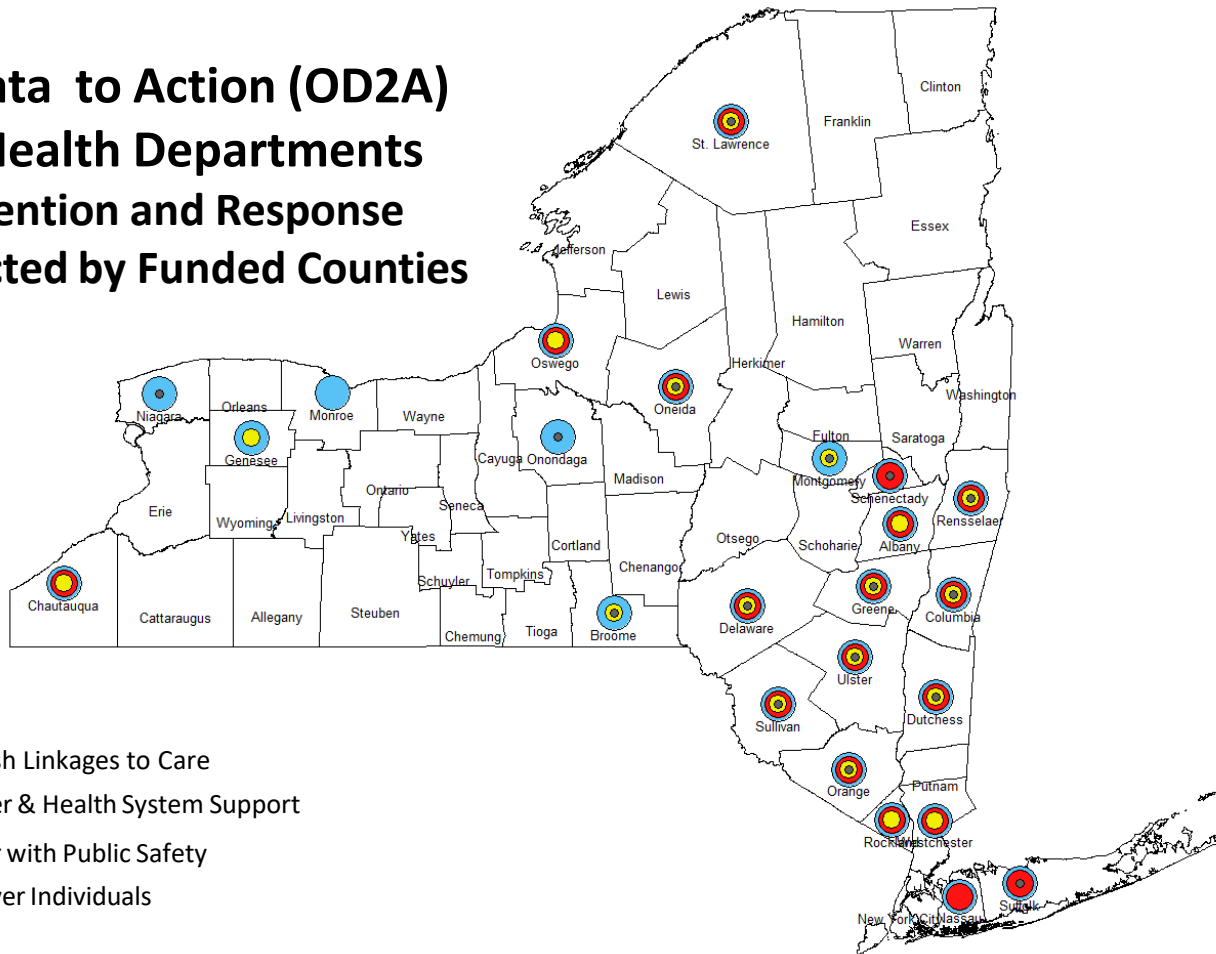


A Harm Reduction Toolkit

https://harmreduction.org/hrc2/wpcontent/uploads/2020/10/09.17.20_Pregnancy-and-Substance-Use-2.pdf

Overdose Data to Action (OD2A)

Overdose Data to Action (OD2A) 24 County Health Departments Opioid Prevention and Response Strategies Selected by Funded Counties



Funding for this initiative is supported by Cooperative Agreement Number U17CE924974, Overdose Data to Action in NYS, from the Centers for Disease Control and Prevention (CDC).

Resources:

NYSDOH Buprenorphine for Opioid Use Disorder Public Health Detailing Kit

<https://www.health.ny.gov/diseases/aids/consumers/prevention/buprenorphine/>

Buprenorphine (Best Practices Guidance)

<https://www.health.ny.gov/diseases/aids/consumers/prevention/buprenorphine/index.htm>

https://www.health.ny.gov/diseases/aids/consumers/prevention/buprenorphine/docs/bupe_best_practices_2019.pdf

Office of Addiction Services and Supports (OASAS) Medications for the Treatment of Opioid Use Disorder

<https://oasas.ny.gov/providers/medications-treatment-opioid-use-disorder>

Providers Clinical Support System (PCSS) Online Buprenorphine Waiver Trainings & Related Webinars

<https://pcssnow.org/education-training/webinar-events/>

SAMHSA Training & Resources

<https://www.samhsa.gov/medication-assisted-treatment/training-materials-resources>

UCSF Clinical Consultation Center advises on all aspects of substance use management in primary care

<http://nccc.ucsf.edu/clinician-consultation/substance-use-management/>

Online Buprenorphine Training Resource

You can access a free ending online program Buprenorphine for Opioid Use Disorder through the University at Buffalo School of Pharmacy and NYSDOH. Content based on Buprenorphine for Opioid Use Disorder Public Health Detailing Kit.

<http://pharmacy.buffalo.edu/academics/continuing-education/events/buprenorphine-prescriber-continuing-education-program.html>



Additional Resources:

NYSDOH AIDS Institute (AI) Clinical Guidelines Program

<https://www.hivguidelines.org/substance-use/>

NYSDOH AIDS Institute Provider Directory

The NYSDOH AIDS Institute keeps an ongoing Provider Directory to easily locate providers who provide clinical care related to buprenorphine.

<https://providerdirectory.aidsinstituteny.org/>

Anti-Stigma Training Resources

<https://www.hivtrainingny.org/Home/CourseListings>

<https://ceitraining.org/>

NYSDOH AI Clinical Education Initiative

<https://ceitraining.org/>

Pregnancy and Substance Use: A Harm Reduction Toolkit (National Harm Reduction Coalition)

https://harmreduction.org/hrc2/wpcontent/uploads/2020/10/09.17.20_Pregnancy-and-Substance-Use-2.pdf

New York State Perinatal Quality Collaborative

https://www.albany.edu/cphce/nyspgcpublic/02_opiod_use_disorder_project.shtml



Additional Resources:

Women Who Use Drugs Working Group (link for participation sign-up)

<https://www.surveymonkey.com/r/WWUD-Inventory>

Expanded Syringe Access Application

<https://www.health.ny.gov/forms/doh-4410.pdf>

NY State Authorized Syringe Exchange Programs (Site Locations & Hours of Operation)

https://www.health.ny.gov/diseases/aids/consumers/prevention/needles_syringes/docs/sep_hours_sites.pdf

Second Tier Syringe Exchange (Policy and Procedures): Contact Maxine Phillips for Application (See last slide)

https://www.health.ny.gov/diseases/aids/consumers/prevention/needles_syringes/syringe_exchange/docs/second_tier_sep_policy_and_procedures.pdf

NYSDOH AI Office of Drug User Health

Syringe Exchange & Presentation Questions

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Buprenorphine Waiver Training

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Second Tier SEP Application

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24 Local Health Department Information

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Assessment of Reproductive Health Expertise among SEP & Hub Staff/Clinicians

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Hear from your Peers

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Laura Churchill
(she/her/hers)
Deputy Director of Public
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Greene County



Questions?

Resources

- New York State Authorized Syringe Exchange Schedule
- Drug User Health Hub contacts
- CPEP Plan Template

Thank you!

Contact:

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