

# Sexually Transmitted Infections: Syphilis, Gonorrhea, Chlamydia, HIV & HIV Prophylaxis An Update for Family Planning Providers

**November 15, 2018** 

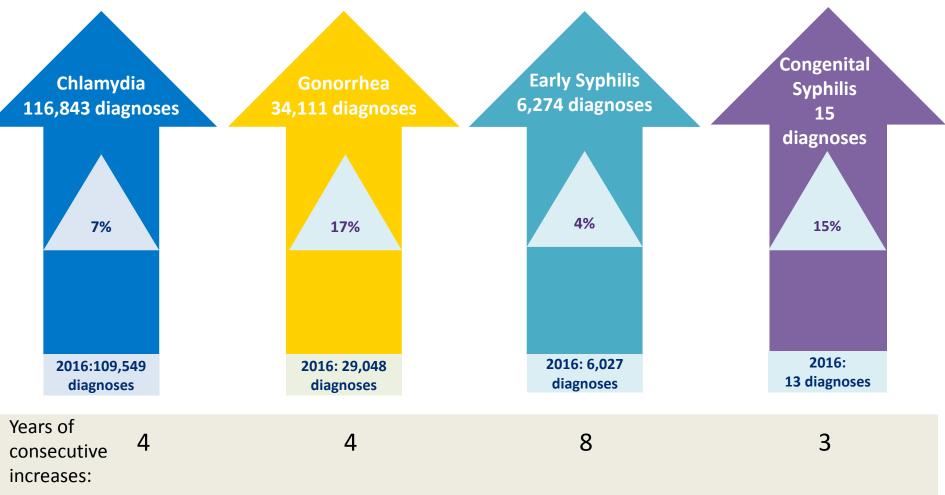


### Objectives

- Describe trends in syphilis, gonorrhea, chlamydia and HIV rates in NYS
- Review syphilis, gonorrhea, chlamydia and HIV test recommendations
- Discuss need to include HIV testing in any STI screening panel
- Describe considerations for EPT and PrEP in NYS
- Identify at least one resource to support increased screening for STIs



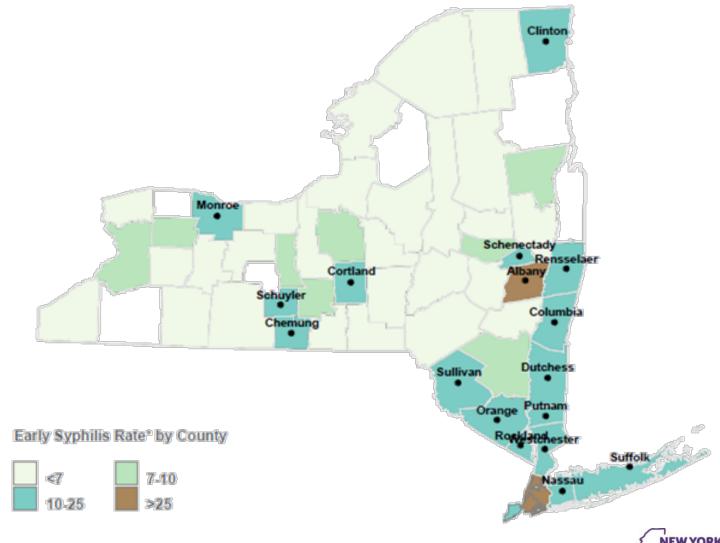
# Sexually Transmitted Infections New York State including New York City (NYC), 2017\*



<sup>\*</sup>Primary and secondary (P&S) syphilis diagnoses declined from 2016 to 2017; reduction in cases seen in NYC only;



### New York State: Early Syphilis Rates\* by County 2017



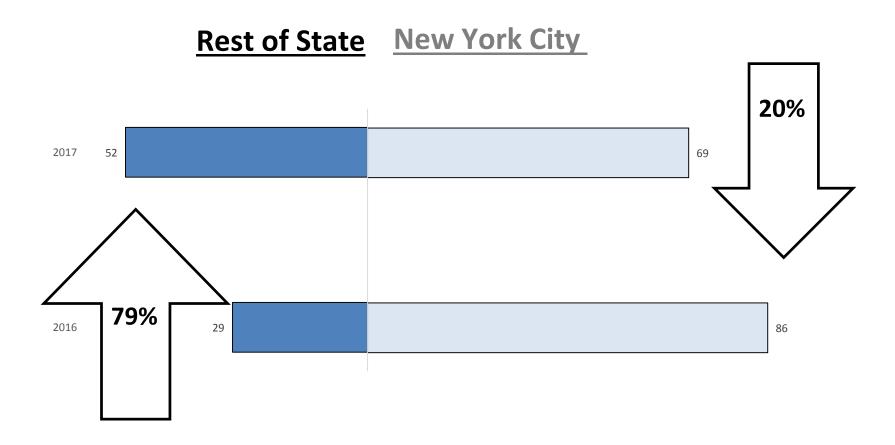
### Syphilis Serology Tests

#### Two types of serological tests:

- 1. Non-specific, non-treponemal antibody (e.g. RPR, VDRL, TRUST)
  - quantitative result (e.g. 1:256)
  - may be negative when chancre develops
- **2. Specific, treponemal antibody** (FTA-ABS, MHA-TP, TP-PA, EIAs, MBIAs also includes the rapid point of care test)
  - qualitative result only (+ or )
  - does not distinguish past and present infection
  - positive earlier than non-specific antibody
  - Rapid POC ~ 50% false positive rate
- Need both types of tests to make an accurate diagnosis of syphilis
- Test performance characteristics vary by stage and activity of disease



# Primary and Secondary Syphilis Diagnoses among Females by Region: 2016-2017



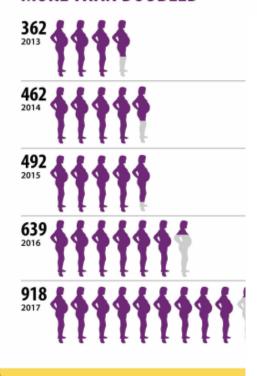


SYPHILIS IN NEWBORNS IS ON THE RISE IN U.S.

Congenital syphilis is a tragic disease that can camiscarriages, premature births, stillbirths, or evedeath of newborn babies.

In the past 4 years, cases of congenital syphilis have

#### **MORE THAN DOUBLED**



The chance of a mother passing syphilis onto her unborn baby if left untested or untreated.

CONGENITAL SYPHILIS IS:



INCREASING
IN THE UNITED STAT

A SOURCE OF MAJOR HEALTH PROBLEMS, EVEN DEATH



PREVENTABLE



Department of Health

ANDREW M. CUOMO Governor HOWARD A. ZUCKER, M.D., J.D. Commissioner

SALLY DRESLIN, M.S., R.N. Executive Deputy Commissioner

To: Family Planning Providers, Hospitals, Emergency Rooms, Community Health Centers, Urgent Care, College Health Centers, Local Health Departments, Community Based Organizations, and Internal Medicine, Obstetrics and Gynecology, Pediatric, Adolescent Medicine, Dermatology, Family Medicine, Infectious Disease, and Primary Care Providers

From: New York State Department of Health, AIDS Institute, Bureau of Sexual Health & Epidemiology

**Date:** July 16, 2018

HEALTH ADVISORY: CONGENITAL SYPHILIS INCREASING IN NEW YORK STATE (NYS)

EXCLUDING NEW YORK CITY (NYC)

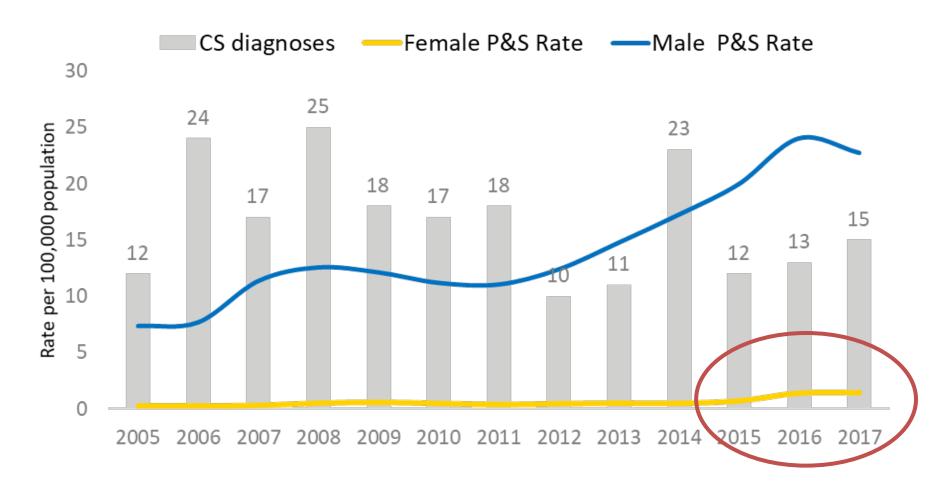
#### **SUMMARY**

- Congenital syphilis (CS) diagnoses increased 167% in 2017 (n=8) compared to the average number of annual diagnoses from 2014 – 2016 (n=3).
- Preliminary 2018 data suggest this concerning trend will continue, with four cases diagnosed in the first three months of the year.
- CS can cause miscarriage, stillbirth, prematurity, or death shortly after birth.
- Infants born with CS may have and/or develop deformed bones, neurological problems, skin rashes, severe anemia, jaundice, or meningitis.
- Providers who provide care for women of childbearing age are encouraged to take measures to ensure timely screening, diagnosis, and treatment of syphilis infection.



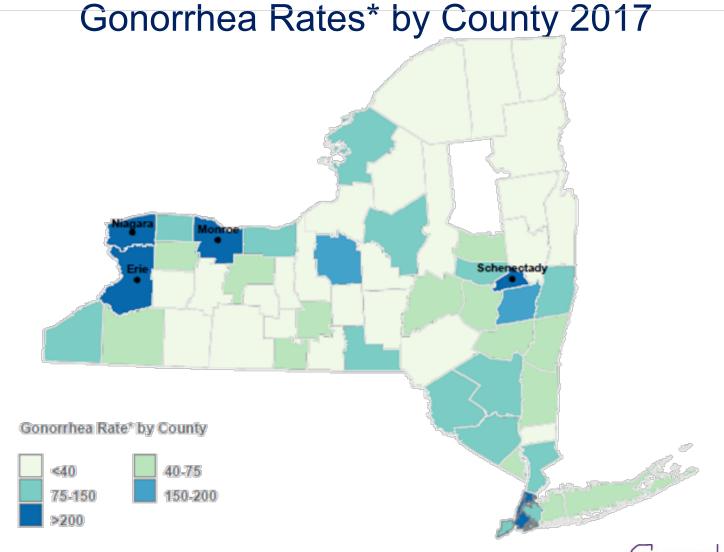
Source: U.S. Centers for Disease Control and Prevention

## Congenital Syphilis Counts compared to Primary and Secondary Syphilis Rates: New York State, 2005-2017

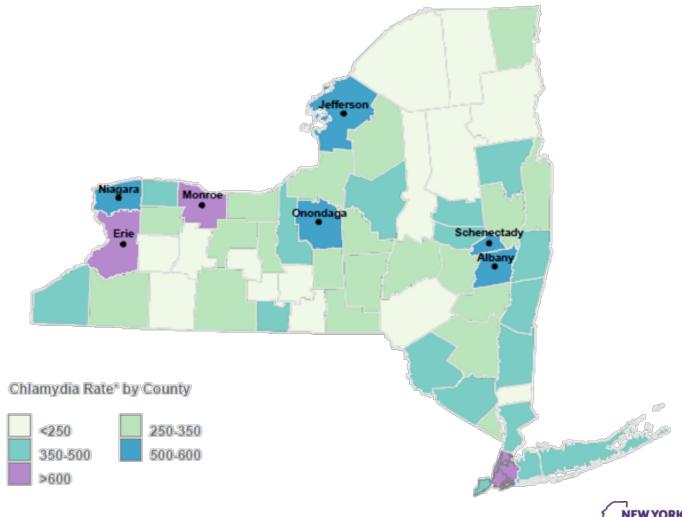




New York State:



### New York State: Chlamydia Rates\* by County 2017



### Recommendations for Laboratory Based Detection of Chlamydia trachomatis (Ct) and Neisseria gonorrhoeae (GC)\*

- "The performance of NAATs with respect to overall sensitivity, specificity and ease of specimen transport is better than any other tests available for the diagnosis of Ct and GC infections."
- Preferred specimens (FDA approved):
  - Males urine (equivalent to urethra)
  - Females vaginal (equivalent to cervical; superior to urine)
- Laboratories should use NAATs to detect Ct and GC except in cases of:
  - Child sexual assault involving boys
  - Rectal and oropharyngeal infections in prepubescent girls
  - Potential GC treatment failure
    - (need culture for antibiotic susceptibility)

NEW YORK STATE OF OPPORTUNITY.

Department of Health

\*Source: 3/14/14 MMWR



### **TEST YOURSELF**

The Visual Guide for a Self-collected Swab

The UW PTC is happy to provide free, high-quality prints pharyngeal, rectal, and vaginal self-testing visual aids for your clir

Wall Posters (16" x 20")

- Rectal Swab English
- Rectal Swab Spanish
- Pharyngeal Swab English
- Pharyngeal Swab Spanish
- Vaginal Swab English
- Vaginal Swab Spanish

Small Guides (8.5" x 11"; 2-sided)

- Rectal and Pharyngeal Swabs English
- Rectal and Pharyngeal Swabs Spanish
- Vaginal Swab English/Spanish









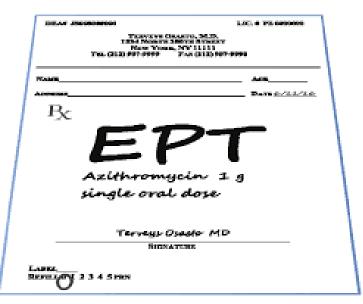




http://uwptc.org/http://uwptc.org/

### **Expedited Partner Therapy (EPT)**

- A strategy for treating the sex partners of patients diagnosed w/ a sexually transmitted infection
- Partner treatment given without the health care provider first examining the sex partner
- Clinician provides medication or prescription to patient, who brings it to his/her partner(s)
  - Medication EPT (patientdelivered therapy)
  - Prescription EPT

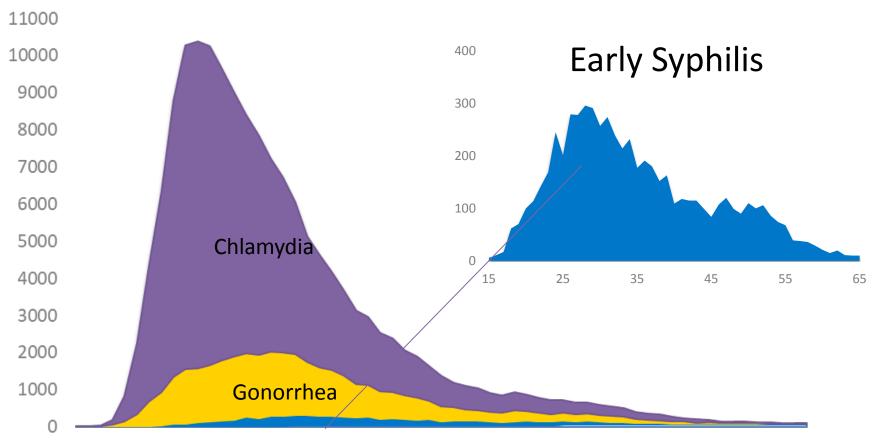




### Benefits of EPT for Chlamydia Prevention

- High disease burden, limited resources
- Repeat infection common i.e., inadequate partner treatment
- Asymptomatic partners may not seek care
- Can be treated with single dose therapy, which is well tolerated
- No evidence of Azithromycin-resistance among Ct patients

### IN SUMMARY: STI Diagnoses By Age - New York State, 2017



10 12 14 16 18 20 22 24 26 28 30 32 34 36 38 40 42 44 46 48 50 52 54 56 58 60 62 64 66 68 70



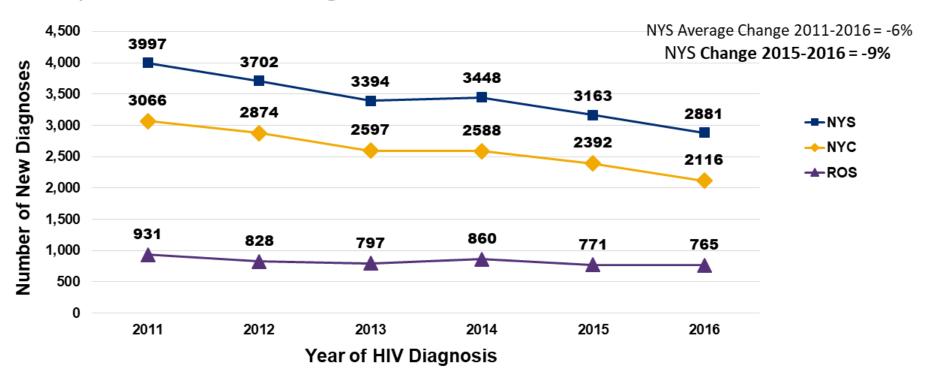
# Comparison of STI Cases Reported to CDC in 2016 and 2017 New York State to United States

Type of Infection	2016 US	2017 US	% Change	2016 NYS	2017 NYS	% Change	NY Rank
						J	(2017)
Primary & Secondary Syphilis	27,814	30,644	+10	2,455	2,355	-4.2	6
Gonorrhea	468,514	555,608	+18.5	29,000	34,099	+17.6	21
Chlamydia	1,598,354	1,708,569	+6.9	109,433	116,814	+6.7	9
Congenital Syphilis	639	918	+43.7	13	16	+23	28
Total	2,095,321	2,295,739	+9.6	140,901	153,284	+8.8	

This slide represents data collected by the CDC, which may differ slightly from data collected by NYSDOH and Local Health Departments.



## Persons Newly Diagnosed with HIV by Residence at Diagnosis<sup>1</sup>, NYS, 2011-2016\*

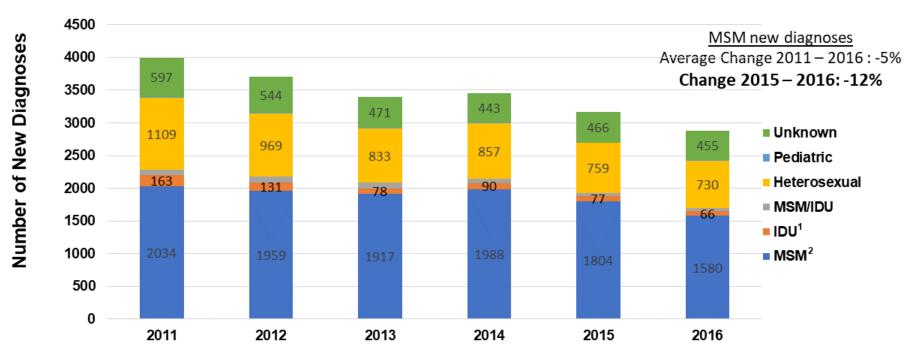


<sup>&</sup>lt;sup>1</sup>Region of Residence at Diagnosis



<sup>\*</sup>Data as of September 2017

# Persons Newly Diagnosed with HIV by Year of Diagnosis and Transmission Risk, NYS, 2011-2016\*



<sup>\*</sup>Data as of September 2017

NEW YORK STATE OF OPPORTUNITY. Department of Health

<sup>&</sup>lt;sup>1</sup>IDU-History of injection drug use

<sup>&</sup>lt;sup>2</sup>MSM-History of male to male sexual contact

### Routine HIV Testing: How Often?

- Every 3 months for individuals with highest risk behaviors:
  - Having unprotected anal sex with men
  - Injecting drugs with shared needles, syringes and other injection equipment
  - Engaging in transactional sex
- Every year for those with moderate risk
  - Having unprotected anal, vaginal or oral sex with partners whose HIV status is unknown
  - Having unprotected sex with anyone who engaged in high risk behaviors
- Every 3-5 years for most sexually active individuals



### Which Type of HIV Test?

- Choose HIV test that both allows for early detection of HIV infection and best fits testing program
  - If phlebotomy is available, use lab-based combo Ag-Ab test
  - If phlebotomy is not possible and/or rapid result is beneficial, use point-of-care combo Ag-Ab test
  - Preferred specimen: Serum → Whole Blood
     → Oral Fluid
- Any positive POC test result needs to be confirmed with a lab-based HIV antibody test

Department

### Importance of Early Diagnosis of HIV

Allows for initiation of HIV treatment

Improves patient health outcomes

Reduces transmission to partners

UNDETECTABLE = UNTRANSMITTABLE



Rapid Initiation of ART in Persons Newly Diagnosed



#### PREP FOR HIV PREVENTION

The Medical Care Criteria Committee (MCCC) produced the PrEP for HIV Prevention guideline.

- New resource from NYC DOHMH: Making the Sexual History a Routine Part of Primary Care → Learn More
- CEI provides progressive HIV, HCV, and STD CME for health care providers → Learn More
- · Subscribe to our mailing list to be notified when new or updated guidelines are published





# NYSDOH HIV Guidelines PREP FOR HIV PREVENTION

# Checklists for Pre Prescription, Patient Education, and Follow-Up

### Pre Prescription and Follow-Up Pocket Guides

HIV CLINICAL RESOURCE **■ 1/4-FOLDED GUIDE** 

Prep GUIDELINE: PRE-PR

NYSDOH AIDS INSTITUTE PrEP CLINICAL GUIDELI

#### → KEY POINTS

- In New York State, use of TDF/FTC as PrEP is a cen standard of care for prevention of HIV acquisition
- A comprehensive HIV prevention plan includes safer sex and safe injection practices.
- PrEP should not be withheld from people of any are at risk of HIV acquisition.
- Education regarding the importance of and stra adherence may improve adherence to the daily recommended monitoring.
- For those who are unable to adhere to a daily n or recommended monitoring, alternative metho should be explored and reinforced.
- If PrEP is to be initiated, the clinician can conneresources for assistance with payment, such as Assistance Program (PrEP-AP) and NYSDOH Payment



← Use this code with your phor go directly to a mobile-friendly

This 1/4-Folded Guide is a cor New York State Department of Iguideline PrEP to Prevent HIV Acqu guideline is available at www.hi

HIV CLINICAL RESOURCE # 1/4-FOLDED GUIDE

VISIT HIVGUIDELINES.ORG TO LEARN MORE OR VIEW COMPLETE GUIDE

PrEP GUIDELINE: FOLLOW-UP

NYSDOH AIDS INSTITUTE PrEP CLINICAL GUIDELINE OCTOBE

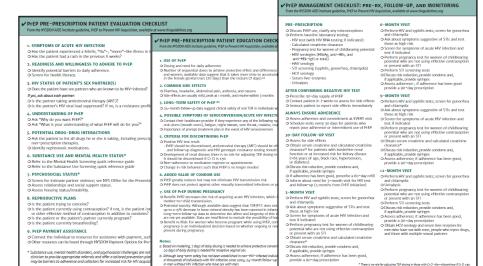
#### → KEY POINTS

- In New York State, use of TDF/FTC as PrEP is a central component of the standard of care for prevention of HIV acquisition in those at high risk.
- A comprehensive HIV prevention plan includes PrEP, along with safer sex and safe injection practices.
- PrEP should not be withheld from people of any age group who are at risk of HIV acquisition.
- Education regarding the importance of and strategies to support adherence may improve adherence to the daily PrEP regimen and recommended monitoring.
- For those who are unable to adhere to a daily medication regimen or recommended monitoring, alternative methods of HIV prevention should be explored and reinforced.
- If PrEP is to be initiated, the clinician can connect the patient to resources for assistance with payment, such as the NYSDOH PrEP Assistance Program (PrEP-AP) and NYSDOH Payment Options for PrEP.



← Use this code with your phone's QR code reader to go directly to a mobile-friendly version of the guideline.

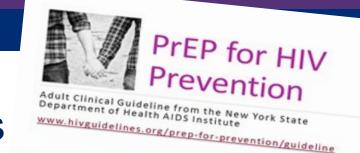
This 1/4-Folded Guide is a companion to the New York State Department of Health AIDS Institute guideline PrEP to Prevent HIV Acquisition. The full guideline is available at www.hivguidelines.org.



TDF/FTC is a preferred component of ART during pregnancy.



### PrEP Guidelines: Updated recommendations

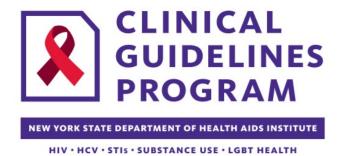


- To achieve protective concentrations of TDF/FTC for PrEP
  - 7 days of daily dosing for receptive anal sex
  - 20 days of daily dosing for all other activities, including insertive anal sex, vaginal sex, and injection drug use
- Test for sexually transmitted infections every 3 months as part of PrEP monitoring and ongoing laboratory testing
- Recommend initiation of PrEP immediately after completion of non-occupational PEP



### Other Key Additions

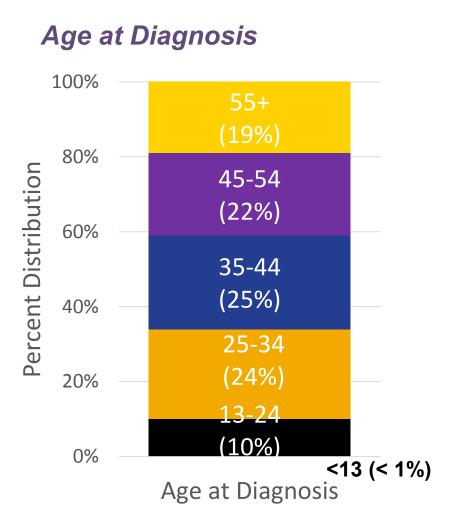
- Updated information on PrEP efficacy and adherence, including data that suggest that women require nearly 100% adherence to achieve protective levels for PrEP
- Updates to information on HIV acquisition in patients who are using PrEP and the need for clinical vigilance for signs and symptoms of seroconversion in patients PrEP



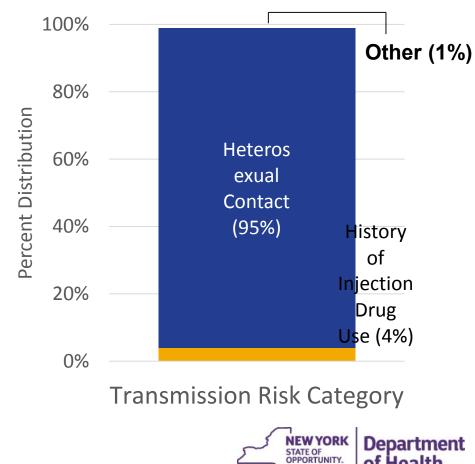


of Health

#### Female Sex Assigned at Birth, Newly Diagnosed with HIV Infection by Age at Diagnosis and Transmission Risk Category, NYS, 2016\*



#### Transmission Risk Category



\*Data as of September 2017



# For those with infrequent or 1-time HIV exposure, post exposure prophylaxis (PEP) is indicated

- Indicated for occupational, sexual, injection potential exposures or other injuries with exposure to potentially infected fluids.
- The first dose should be given as soon as possible, once a significant exposure have been determined.
- To be effective the first dose must be given within 72 hours.
- When providing PEP following a potential nonoccupational HIV exposure, discuss whether addition exposure are likely and merit consideration for PrEP use.

### PrEP protects you in case you are exposed to HIV in the future. If you say yes to any of the questions below, PrEP might be right for you:

### In the last 6 months, did you:

- Have sex without condoms with a person whose HIV status you didn't know?
- Have a sexually transmitted infection (an "STD"), such as gonorrhea, syphilis, or herpes?
- Have sex while drunk or high?
- Have sex for something you needed (such as housing, money, drugs)?
- Share needles or injection supplies?

### In the last 6 months, have you had a sexual partner who:

- Refused to use condoms?
- Made you have sex when you did not want to?
- Had sex with anyone besides you?
- Has ever been in jail or prison?
- Injected drugs with a needle?
- . Has HIV?
- Is a man who has sex with other men?



### **PrEP Payment Options**

# Need Help Paying for PrEP?

Call the Pre-Exposure Prophylaxis Assistance Program PrEP-AP at 800-542-2437.

#### Are You Uninsured or Under Insured?

#### PrEP Assistance Program (PrEP-AP)

The NYSDOH Pre-exposure Prophylaxis Assistance Program (PrEP-AP) will pay for medical appointments and lab services for PrEP if you are uninsured or under-insured. However, you must receive the services from an enrolled PrEP-AP provider.

#### Call the HIV Uninsured Care Programs PrEP-AP at 1-800-542-2437.

For additional information about PrEP, including a directory of medical providers who prescribe PrEP, providers who participate in the PrEP-AP program and resources to pay for PrEP, call

1-800-541-AIDS English, 1-800-233-SIDA Spanish or visit www.health.ny.gov/PrEP

9009



9/15

#### Payment Options for Adults and Adolescents for Pre-Exposure Prophylaxis (PrEP) Medication Assistance Programs in New York City, there are other options available for low cost access to PrEP. Visit the NYC Health Map. Select "Sexual Health Services" from the services menu. New York City Then serect "PYEP and PEP" and "Sliding Scale for Uninsured" under "Cost" to find locations offering this service. NYSDOH-funded Adolescent/Young Adult Specialized Care Center providers can New York State provide information and assistance navigating PrEP services and payment options Payment Options for Adults and Adolescents for Pre-Exposure Prophylaxis (PrEP) Gilead Co-Pay Coupon Card Amendments to New York's health regulations allow minors to consent to their own HIV treatment and HIV preventive services such as pre-exposure Consent prophylaxis(PrEP) and post-exposure prophylaxis (PEP) without parental/guardian 1-877-505-698 involvement (10 NYCRR Part 23) Health Coverage and New York State Department of Health Sponsored Programs Gilead Truvada for Most commercial insurance plans cover PrEP for adults and adolescents. Assistance Program Coverage varies based on plan. There may be deductibles and co-payments. Adolescents may ask that the EOB be sent to another address but parents may Commercial 5.865.330.6429 still receive financial information such as copayments made. This is permitted Insurance under Insurance Law 2612(h)(2)(A) and Title 11 of NYCRR, section 23.4 Co-pay coupons are available through the manufacturer regardless of income. Gilead: 1-877-505-6986 Patient Advocate Fee-for-Service Medicaid covers PrEP for adults and adolescents, including PrEP prescription Co-Pay Relief costs, medical appointments, and lab tests Program Medicaid does not issue EOBs so adolescent confidentiality is protected. Helplines · Prior approval is required and renewed every 3 months 1-800-541-2831 1-866-512-3861 Medicaid Managed Care Plans (MMCPs) cover PrEP for adults and adolescents. Prior authorization requirements may vary among plans. MMCPs are required to send notice upon a service or claim denial, where the Helpful Resources denial was not based on medical necessity, the enrollee already received the Medicald Partnership for service, and the enrollee is not liable for the cost of the service, consistent with Managed Care the Department of Health's Policy for the Protection of Confidential Health Information for Minors Enrolled in NYS Medicaid Managed Care Plans. Assistance An adolescent may work with their plan or provider to obtain consent to send notices to an alternate address. 1,888,477,0660 PrEP-AP serves adults and adolescents, who are residents of New York State Gilead Advancing and are uninsured or underinsured and prescribed PrEP Financial eligibility is based on 435% of the Federal Poverty Level (FPL). Covers costs of clinical visits and lab testing for uninsured and underinsured 1-800-226-2056 individuals. Services include HIV, STI/STD testing, counseling, and supportive PrEP Assistance primary care services consistent with clinical guidelines for PrEP (PrEP-AP) PrEP medication is not covered by PrEP-AP. Manufacturer's patient assistance programs (PAP) (listed below) should be contacted for uninsured or underinsured Providers that are enrolled in the New York State Medicaid Program are eligible to 1-800-542-2437 New York St enroll in PrEP-AP. To become a PrEP-AP provider contact the ADAP Provided Relations Section at 1-518-459-1641 or email damanys feliciano@health.ny.gov for more information. Providers are responsible for assisting patients with the patient assistance program application to receive Truvada as PrEP.



### Adolescent's Consent for HIV Services

### 2016 Changes to NYS Public Health Law

- HIV now classified as Group B STD
- Allows minors to consent to HIV prophylaxis and treatment without parental/guardian notification or consent
- Prohibits release of medical and billing records containing information related to these services to parent/guardian without minor's consent



### HIV CLINICAL RESOURCE

- HIV Clinical Guidelines
- CEI for Clinical Training in HIV, STIs, and HCV
  - CEI Line 866-637-2342
     https://ceitraining
     For clinicians in NYS to discuss
     PEP, PrEP, HIV, HCV and STDs .org
- STD Center for Excellence
- Other Clinical resources (CDC guidance, trans- care)

# Education and Training Programs Serving a Non-Clinical Audience



www.HIVtrainingNY.org

- Including:
- Care Coordinators,
   Case Managers
- Social Workers,
   Counselors
- Patient Navigators
- Peer Workers
- Educators

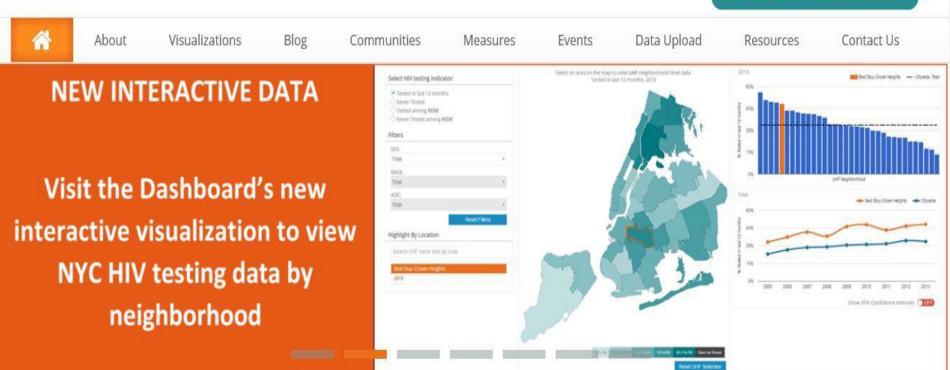


Search.... Login Sign up

### **Ending the Epidemic**



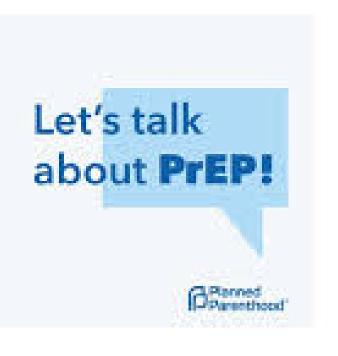
Measure, track, and disseminate information on progress towards achieving the End of the AIDS Epidemic in New York State INTERESTED IN RECEIVING NEW DATA AND RESEARCH?



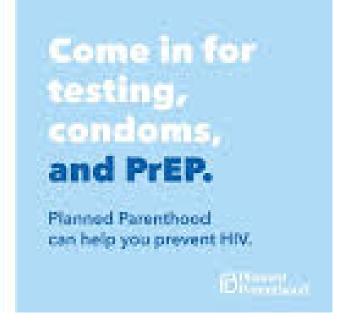
http://www.ETEdashboardny.org



### PrEP Implementation: Experience from One FP Network









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GET TESTED.
TREAT EARLY.
STAY SAFE.

# End AIDS.



health.ny.gov/ete

New York State Department of Health AIDS Institute
Marcia.Kindlon@health.ny.gov
518.473.8815

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# PrEP Implementation in a Family Planning Setting

Laura Gallery, PrEP Coordinator Planned Parenthood Mohawk Hudson, Inc. November 2018

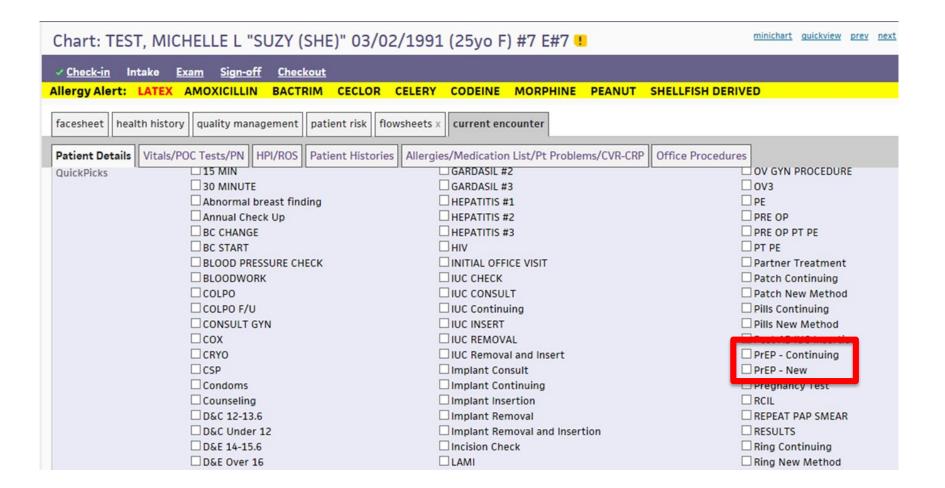


#### **Implementation**

- Protocols
  - NYS Clinical Guidelines
     (https://www.hivguidelines.org/prep-for-prevention/)
- Training
  - Who, what, where, when, why
  - Build into EHR
  - Roll out
  - PrEP-AP
- PrEP Coordinator
  - Ensure compliance with protocol
  - Keep staff up to date; in-house "PrEP expert"
  - Conduct outreach, education, and technical assistance in the community
  - Train new staff



#### **Electronic Health Record – Encounter Plan**





#### **Initial - HPI**





#### **Initial – Procedure Template**

Patient Details	Patient Histories	Problems/Meds/Allergies	Vitals HPI/ROS/PE/PN	Pt Documents & Office Pro	ocedures POC R	Results/Assessment/RTO
Guidelines/CVR-	CRP/Consult Notes					,
	☐ PPM ☐ PPM ☐ PPM ☐ PPM ☐ GYN ☐ GYN	H C. Dilator Insertion Proced H D. SAB Part 2 D&C H D. SAB Part 2 D&E H E. POC H F. Post Surgical AB Recove H - Medication Abortion Procedure IVCS Procedure Recovery H IUC Consult	PPMH Con Insertion PPMH Con PPMH Col PPMH Col PPMH Cry PPMH Cry	otherapy of Cervix	Vulva Other Proc	e - test Colposcopy and/or Biopsy o edure escription Barrier Method inuing
PReP_New	Discussed importance of daily adherence for medication effectiveness and pt indicated that they are ready to adhere to daily use. Yes  Encouraged consistent condom use for HIV and other STI prevention. Condoms provided. Yes  Explained importance of f/u monitoring q3m including blood HIV and other screening. Yes  Reviewed Truvada information, side effects and length of time before therapeutic levels are obtained. Yes  Of this minute visit, more than 50% was spent counseling on:					



#### Initial – Assessment & Plan

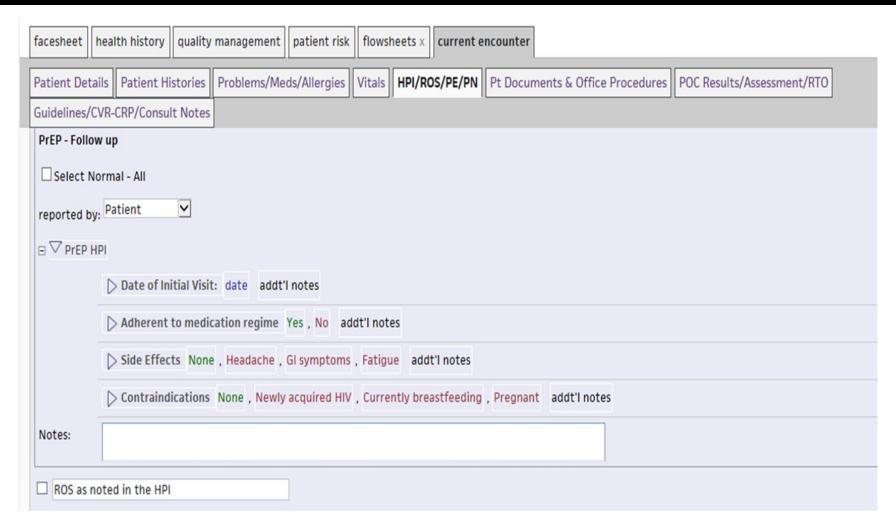
#### . High risk sexual behavior

Z20.2: Contact with and (suspected) exposure to infections with a predominantly sexual mod of transmission

- PANEL 083935 Order REVIEW
- CT/GC NAA, RECTAL Order REVIEW
- RPR-006072-P Order REVIEW
- HCV ANTIBODY-140659-P Order REVIEW
- Pre-Exposure Prophylaxis REVIEW Handout: 157C/136Sp Pre-Exposure Prophylaxis
- LEARNING ABOUT TAKING MEDICINE TO PREVENT HIV INFECTIONS (Healthwise) REVIEW
- PREGNANCY TEST, URINE Order REVIEW
- CREATININE, SERUM Order REVIEW
- HBSAG SCREEN Order REVIEW
- CHLAMYDIA/GC AMPLIFICATION-183194-P Order REVIEW
- CT/GC NAA, PHARYNGEAL Order REVIEW

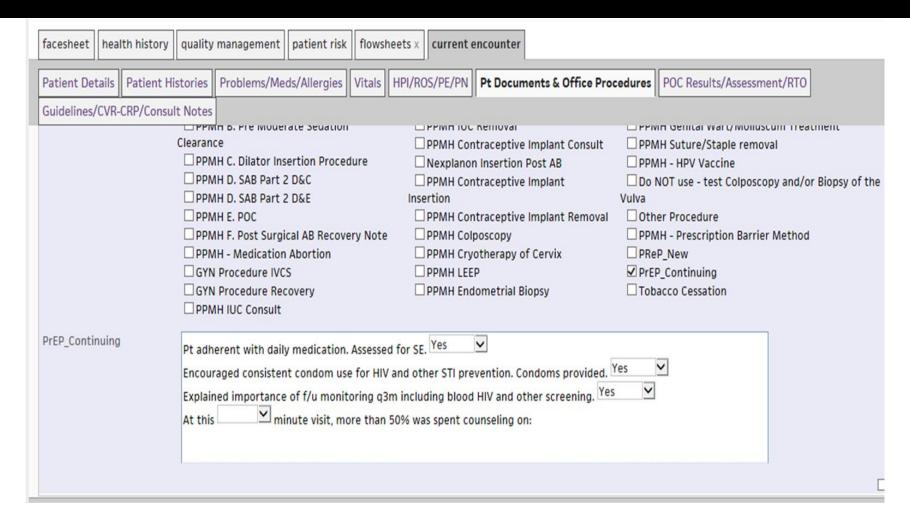


#### Follow Up - HPI





#### Follow Up – Procedure Template





#### Challenges

- -"one more thing"
- -(S)low patient uptake
- Diversifying patient population
- –Patient retention
- -Financial strain for patients



#### **Solutions**

- Support and encourage providers; get feedback. Celebrate!
- Financial Assistance
  - Gilead Co-pay Card
  - Gilead Patient Assistance Program
  - PrEP-AP
  - https://www.health.ny.gov/diseases/aids/ge neral/prep/docs/prep\_payment\_options.pdf



## Solutions

- Develop and improve in-reach to patients; normalize PrEP as part of family planning
- Messaging and Outreach
  - https://www.youtube.com/watch ?v=teqNM28pDtQ

PrEP is a daily pill for HIV-negative people. It protects you in case you are exposed to HIV in the future.

are exposed to HIV in the future.

If you say yes to any of the

If you say yes to any of the questions below, PrEP might be right for you.

#### In the last 6 months, did you:

- Have sex without condoms with a person whose HIV status you didn't know?
- Have a sexually transmitted infection (an "STD"), such as generates, syphilis, or herpes?
- Have sex while drunk or high?
- Have sex for something you needed (such as housing, money, drugs)?
- Share needles or injection supplies?

#### In the last 6 months, have you had a sexual partner who:

- · Refused to use condoms?
- Made you have sex when you did not want to?
- Had sex with anyone besides you?
- Has ever been in jail or prison?
- · Injected drugs with a needle?
- Has HIV?
- . Is a man who has sex with other men?

If you answered yes to any of the questions, ask a health care provider about an HIV test and whether PrEP might be for you.

PrEP is under YOUR CONTROL – you can use it with or without your partner's knowledge. Destigmatize

Educate

Empower



### Questions?

Laura Gallery

(518) 573-7887

